Our Students Are Also Our Teachers!

As principal I continually feel blessed and inspired by the students I come in daily contact with. Two separate occasions have reminded me of this since school recommenced this year. The first was a proposal put to me by Evie Angus (Yr6) who has initiated two wonderful concepts. The first involves our students writing letters to children in hospital. The second is a class effort where packages are prepared and sent to our serving forces in Afghanistan. Both these ideas are worthy of our community support and offer rich learning experiences for our students. In preparing to commemorate ANZAC day this year classes will be asked to prepare ‘gift packages’ to be sent to Australian forces in Afghanistan. More details will be given later.

The second occasion was meeting with Kai Denton (school captain) who approached me about an idea he had to nurture and promote a more positive school community. He shared with me the concept: Random Acts of Kindness (RAKs). Kai taught me that (in Kai’s words) to perform RAKs you need to help someone or do something for others without being asked. An example of RAKs at home might be helping your mum bring the groceries in from the car. At school a RAK could be asking someone to play with you if you think they are lonely, or sad. If someone is hurt you could ask them if they are ok. A RAK usually puts a smile on someone’s face and it makes you feel good. With ‘Clean Up Australia Day’ coming up this weekend I encourage you all to pick up some rubbish or do a RAK for your school or community. Happy RAKing!!!!!!

WOW! As you can read how privileged and inspiring it is to come alongside our young learners. These occasions remind me how my life has been enriched by such wonderful ideas and by empowered students. The challenge is put out there for you all to start RAKing or to continue to RAK! As a community we all benefit from the unsolicited contribution made by others. Any personal reward will out weigh any minor inconvenience.
Take 3 for “Clean Up Australia”

Kai mentioned this as a RAKs idea. If you want to be involved see details.
Date: Sunday, March 3rd
When: 8.30am—10.30am
Where: Registered site—Kalkau Road/Crystal Street
The Entrance to Forrester’s Beach (Near toilet block)
Sign up on the beach, enquiries to Mandy 0438 857263.
Our local Take 3 people are coordinating this clean up.
WPS is a proud and strong supporter of Take 3.

Our 2013 Swimming Olympians!
On Wednesday 20th February 2013 Wamberal Public School went to Gosford Pool for our annual swimming carnival. The first race was the 100m freestyle followed by the 200m medley. The age 50m races were next from 8 years to 12 years boys and girls. After the age races were the 50m breaststroke, backstroke and butterfly. Novelty events took place in the 25m pool for swimmers not competing in the 50m races. The weather was threatening at the beginning of the day but it ended up being a beautiful day. The students were fantastic and it was a very successful carnival. The house results were as follows:
First - Cawley
Second - Bradman
Third - Chappell
Fourth - Ford

Special Thank You!
Thank you to the following parents who assisted at the swimming carnival:
Time-keepers:
Mr Tasker,
Mr and Mrs Way
Mrs Johnston,
Miss Parish and all others who assisted on the day.
We must also mention Mrs Yates who supported the carnival immensely as head time keeper. Your help was greatly appreciated by the staff and students.

Swimming Champions
Congratulations to the following students who are the 2013 swimming champions:
Junior Boy: Zac Lloyd
Junior Girl: Erin Watson & Mika Kulak
11yr Boy: Jim Ellis
11yr Girl: Felicity Bath
Senior Boy: Noah Lyons
Senior Girl: Samantha Watson

Tuggerah Zone Swimming Carnival
The Tuggerah Lakes Zone Swimming Carnival will be held on Tuesday 5th March at Mingara Pool. The students to attend will be the first 3 place-getters in 50m Age Freestyle and the first place-getters in all other events. Students who came second in all other events will only attend zone carnival if their times are under the zone cut off time. This is because the Tuggerah Lakes zone and Wyong zone have now joined together to become one carnival. Competitors attending this carnival will be informed and receive a separate note with all the necessary details. Our school team will be asked to purchase red swimming caps @ $2 each. This is a new initiative. It will easily identify our team while swimming at the zone meet. Payment can be made to Mr Downes.

Lonely Clothing—Lost Property
There is quite a lot of lost property from the swimming carnival, so get your children to check if they are missing anything from the day.

WPS Band Program -
Concert Band students will be playing in the 3 – 6 Assembly this week so please bring your instruments to school on a Thursday for the rest of the Term. Concert Band students your Tutorials will take place on Friday mornings for the rest of the year. Invoices for Hired Instruments will be distributed over the next 2 weeks.

Instrumental Festival -
Beginner Recorder players please return your notes this week. We have a large number wanting to learn the Recorder this year but we can only take 20 in total to the Opera House in August. We will meet for lessons every Thursday lunchtime.

School Chair — This year our school will participate in the Central Coast Choral Festival in early September. Choir will meet every Friday at 1.10 and Year 4 students are welcome to join in a couple of weeks time. We are currently working with Year 5/6 students in preparation for recording our Audition item for School Spectacular 2013. (November 30th)

Guitar Lessons— Would your child like to learn guitar? You can have lessons after school at WPS. We supply the...
guitars but you must have one at home for rehearsals. Tutorial fees are very reasonable. See the front office for a note. Helen Ford

Year 6 2013 Farewell Meeting - There will be a meeting in the staffroom on March 22nd. All welcome.

School Photographs: NOTE DATE 13TH not 14th March
We are giving parents and guardians advance notice that school photographs will be taken on Tuesday, 13th March. Once again we are using “The School Photographer”. Class group photos, individual portraits and family group photos will be taken on this date. (Sporting and cultural groups will be taken in Term 3). Order envelopes have been sent home with each child.

Uniform Shop News….Guess What?
Sale Items:
- Sloppy Joes - Now $28 (Limited Stock)
- RazzaMatazz Navy Tights (Opaque—40 denier)
- Now 1 pair - $3.50 or 2 pairs for $6 (limited stock)
What’s NEW … NEW Polar Fleece Zip Jacket—hurry last days for ‘special orders’.
Thank you parents for volunteering in the Uniform Shop—your time and effort is greatly appreciated.

Finding My Magic
CHILDREN’S RIGHTS SERIES

WPS is delighted to inform you we are commencing the Finding My Magic – Children’s Rights education program, in your child’s class. This program is based on the principles outlined in the 1989 United Nations Convention on the Rights of the Child and was developed by Save the Children Australia.

The Finding My Magic program consists of a series of cartoon episodes and activities designed to develop children’s interpersonal skills and build their understanding of rights and responsibilities. It was created by psychologist Eve Ash, and will assist children to be more respectful, tolerant, and caring, and to face-up to challenges and conflicts.

Finding My Magic features several young friends, including Catherine, Tom, Kate, Vin and Morko, who face various challenges. The character of Catherine is based on and voiced by Olympian, Cathy Freeman OAM.

Students will learn about a Magic Box and how to use ‘Me Messages’ to help them develop confidence and positive communication skills, especially in difficult situations. We encourage you to ask your child about the episodes seen in class and the rights and responsibilities covered. You might even consider using the language of Me Messages at home to reinforce this learning.
FOR SALE

**SPINY LEAF INSECTS** $5.00 each

Spiny Leaf Insects make really fantastic, interesting, cool and unusual pets. Great for projects or news!

They're very low maintenance, feeding on eucalyptus, rose, wattle or bottlebrush leaves.

Spiny Leaf Insects are very easy to look after, give them fresh leaves every 2-3 days in a vase, spray leaves with water everyday, they need a vertical cage, so they can climb up & sunlight they are happy. Females live to about 18 months old, males to only 6-8 months.

Call Jacqui 0414 996 105 or email jvanderreyden@optusnet.com.au

---

**COMMUNITY NOTICEBOARD**

"Community News" is provided as a community service. Wamberal Public School’s endorsement should **not** be assumed.

---

**FOR SALE**

**SPINY LEAF INSECTS** $5.00 each

Spiny Leaf Insects make really fantastic, interesting, cool and unusual pets. Great for projects or news!

They're very low maintenance, feeding on eucalyptus, rose, wattle or bottlebrush leaves.

Spiny Leaf Insects are very easy to look after, give them fresh leaves every 2-3 days in a vase, spray leaves with water everyday, they need a vertical cage, so they can climb up & sunlight they are happy. Females live to about 18 months old, males to only 6-8 months.

Call Jacqui 0414 996 105 or email jvanderreyden@optusnet.com.au

---

**DANCE**

www.jbdance.com.au

All dance styles plus Gee Club and Acrobatics.

For an information pack please email jessie@jbdance.com.au

Tumbi
The Entrance
Terralgal
Tuggerah

---

**Grooming, Department, Self-confidence**

1 day Junior Course (6-11 years)

Taught by Donna international fashion model

Learn:
- Manners
- Speech & Drama
- Hair care and styling
- Dance for fun
- Catwalk
- And much more!!

Plus your own photo shoot & graduation show!!!!

Give your child a head start!!

Sunday 10th March, Gosford Golf Club

Contact us for any further information!

(02) 4304 9728
www.polishedbydonna.com

---

**STUDIO**

**EXPANSION TO A FULLY EQUIPPED STUDIO IN THE ERINA AREA!**


**FREE CLASS PASS**

AVOCA BEACH - ERINA - NORTH AVOCA - COPACABANA

Contact Emma: M 0408 273 568 P 4282 789
E studiono5@bigpond.com P www.studio5.net.au
W www.studio5studiono5.com.au
F @Studio5Australia

---

Out of School Hours Care is available at your school!

YMCA Wamberal P: 0400 813 789 E: oshc.wamberal@ymca.org.au

Before School Care 7 - 9am/After School Care 3.30 - 6.00pm
Vacation Care 7am till 6pm